



Sponsor A School
Chiteko Primary School

Likoma, Malawi
Number of children in school 571
(309 Boys and 262 Girls)

School sponsored by
Friends from Brno





Chiteko Primary School, Likoma, Malawi

“I am motivated to volunteer for Mary’s Meals because the porridge positively impacts learners. Most learners leave home without eating anything. So, the porridge that they find here at school is their first meal of the day and helps them to learn better.”

Volunteer Cook - Mary



Chiteko Primary School, Likoma, Malawi



“I walk about 1.5 km to school. In the next ten years, I see myself completing my education and pursuing a career in the banking sector.”

Student - Loyce

“I would like to encourage my friends who receive Mary’s Meals to work hard to make their dreams come true.”

Student - Wanangwa



School feeding is sponsored here
thanks to generous donors from
Mary's Meals Czech Republic,
Friends from Brno.



Chiteko Primary School, Likoma, Malawi

“We are grateful to Mary’s Meals supporters for providing porridge to our school. With the Feeding Programme learners are now coming to school in large numbers, absenteeism has been reduced and learner’s performance has also improved.”

**Teacher - Goodfriday
Makwinga**



Chiteko Primary School, Likoma, Malawi

Chiteko Primary School
School feeding is sponsored here
thanks to generous donors from
Mary's Meals Czech Republic,
Friends from Brno.

FACT FILE

MALAWI



Malawi was the first country to receive Mary's Meals. We have been serving children here since **2002** in close collaboration with the **Government of Malawi**. We have also joined forces with local partner **MCSPA** to deliver in-school feeding in difficult-to-reach areas.

Mary's Meals operates in most regions of Malawi and our programme feeds almost one third of all primary school-age children in the country.



We are currently feeding **1,043,455** children.



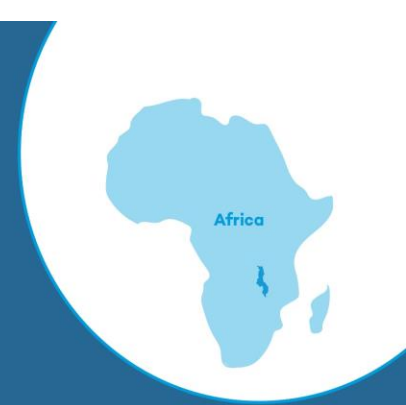
We feed in a total of **1,011** primary schools and Early Childhood Development Centres across Malawi.



A typical school meal consists of **maize or soya porridge** boosted with minerals and vitamins, known locally as 'likuni phala'.

Continent	Capital	Population
Africa	Lilongwe	19,129,955 (2020) ¹
HDI Rank	Life expectancy	Currency
174 of 189 ²	64.2 ³	Malawian Kwacha
Main exports	Language(s)	
Tobacco, cane and beet sugar and tea	Chichewa is the primary language. English is also taught in all schools	

Sources: ¹ Worldbank.org | ² Human Development Reports | ³ Life Expectancy in Malawi



- The Mary's Meals school feeding programme provides a much needed safety net for families who worry about how to feed their children.
- The vast scale of poverty and continued food insecurity faced by the people here is amplified by the adverse effects of climate change.
- Most families rely on smallholder farming to live, but this has become increasingly unstable as rising numbers of droughts and floods leave limited capacity for recovery and food production.



70.3% of the population live below the International Poverty Line of **\$1.90 USD** per day.⁴

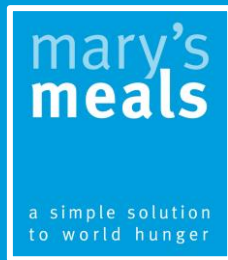


45.9% drop-out rate in primary school age children.⁵



Around **1.9 million** people have insufficient food intake.⁶

Sources: ⁴ Human Development Reports | ⁵ Human Development Reports | ⁶ HungerMap LIVE



Thank you

for supporting Mary's Meals.

